



THE DALAI LAMA

MESSAGE

I am always impressed when, in addition to words of support, people actually undergo some physical hardship to further the cause of peace. Undertaking to climb Mount Everest under any circumstances takes great courage. The Everest Peace Project's film *Everest Climb for Peace* is a tremendous achievement from several points of view. Not only does it document a spectacular climb of the world's tallest mountain, but it also shows how the project brought together people from different faiths and cultures, who worked successfully as a team to accomplish their goal. It reinforces my strong belief that if we adopt the right approach and make a determined effort, cooperation, trust and understanding can always be established for a true and worthy cause.

December 15, 2006